



## STUDENT SENATE AGENDA

October 28<sup>th</sup> , 2024

Plains Room/Virtual

1. **Call to Order** *President Hoff called the meeting to order at 6:15 p.m.*

2. **Roll Call**

3. **Approval of Minutes** (October 14, 2024) *Senator Larson motion to approve the minutes after the errors are corrected. Senator Martinson seconded. Motion carried.*

4. **Guest Speaker**

- Bethany Mauch Wellness Coordinator- ACHA NCHA Data

*Bethany Mauch gave a presentation on the data collected from the ACHA NCHA. American College Health Association National College Health Assessment. It is a survey for the health of college students and focuses on mental health, substance use, and lifestyle impacts on academics. It was conducted at all 11 institutions. 451 students responded to the survey last February. 63.6 % of students were first-generation students.*

**Key Findings:**

**Mental Health:** *40% of students reported depression, 33.7 reported procrastination, and 45% indicated loneliness as impacting academic performance, with 17.3% reported serious psychological distress.*

**QPR Training:** *Question, Persuade, and Refer monthly sessions held for RA's and staff.*

**Substance use:** *57% of students reported alcohol use within the past three months. 23% reported cannabis use within the last three months. 35% reported using tobacco products within the past three months. Bethany discussed the challenge of correcting misperceptions about peer substance use, which influences student behaviors. If North Dakota legalizes cannabis there is a concern that use rates would increase by 20%.*

*Senator Hollingsworth motioned to table the remaining agenda items until the next meeting.*

*Senator Exe seconded. Motion carried.*

*Senator Martinson motioned to adjourn the meeting. Senator Hollingsworth seconded. Motion carried. Meeting adjourned at 7:15 p.m.*

5. **New Business/Presentations**

- Fundraising Club Application Dental Hygiene- Double Good Popcorn Sale
- Charging Stations
- Tabling Update

6. **Old Business**

- Grade Checks

## 7. Student Concerns/Updates

## 8. Reports

- **Executive Team Reports**
  - President Hoff
    - Parliamentary Procedure
  - Vice President Maudal
  - Admin Assistant Bohnenstingl
- **Advisor Report**
- **CAB – Senator Martinson**
- **Residential Life – Senator Mumaw**
- **NDSCS Team Reports**
  - Dining Services -----Senator Hiltner
  - Management Team ----- President Hoff
  - Diversity & Equity Team ----- Senator Bauer
  - Parking Appeals Team ----- Senator Exe
  - Safety Committee ----- Senator Larson
- **NDSCS Student Senate Committee Reports**
  - Community Engagement ----- Admin. Assistant Bohnenstingl
  - Club Bylaws and Constitution ----- Admin. Assistant Bohnenstingl
  - Tabling ----- Vice President Maudal
  - Marketing Committee----- Senator Hollingsworth
- **North Dakota Student Association**
  - IAC
  - SLAC
  - SAC
  - GA
  - Breakout Sessions

## 9. Announcements

## 10. Adjournment